

A TRAINING PROGRAMME TO HELP YOU FIND YOUR MOJO

MOJO

OFFALY

CREATING **MALE** SPACE

ARE YOU?

- IN DISTRESS
- DIRECTLY AFFECTED BY EMPLOYMENT ISSUES
- MALE & OVER 18 YEARS OF AGE
- MOTIVATED TO CHANGE
- ABLE TO PARTICIPATE IN A 12 WEEK PROGRAMME, 2 MORNINGS PER WEEK
- ABLE TO TAKE PERSONAL RESPONSIBILITY

Participation on this course will not affect your benefits if you are on social welfare.

Want to know more? Contact: Caroline on 087 602 8801 or cbrickland@offalyldc.ie

Next Mojo Programme starts:

Address: Offaly Local Development Company, Main St, Tullamore, Co. Offaly.

MOJO IS A 12 WEEK TRAINING PROGRAMME, DEVELOPED BY A COLLECTIVE OF ORGANISATIONS, TO REDUCE THE HIGH LEVELS OF MALE SUICIDE IN IRELAND. MEN LEARN TO BUILD THEIR MENTAL & PHYSICAL FITNESS WHILE DEVELOPING THE ABILITY TO ENGAGE WITH LOCAL SERVICES, SET GOALS & DEVELOP A LIFE PLAN.

www.mojo.ngo  


Offaly Local Development Company